



WE ARE HEADSTRONG

Concussions are hard for athletes in any sport, at any level. But we care enough to do the right thing—even under pressure.

Recognize
Remove
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We are concussion smart.

#HeadstrongCanada

sirc.ca/concussion

Canada

A photograph of two men in wheelchairs playing basketball in a gym. The man on the left is wearing a white t-shirt and green shorts, while the man on the right is wearing a green tank top and black shorts, holding a basketball. They are both smiling and looking at each other.

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A photograph of a group of people cheering in winter gear. A woman in a teal jacket and a man in a grey and yellow beanie are in the foreground, both with their mouths open in a shout. Other people in winter hats are visible in the background.

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