Appendix A: Purpose of the Literature Review

The purpose of this project is to provide a literature review to serve as a common evidence-base for collaborative policy and program development work aimed at **increasing participation in sport, particularly among underrepresented groups, and promoting the health of Canadians through sport participation**. This project will provide an overview of current knowledge by reviewing Canadian and international research related to the design of policies and programs to increase the number and diversity of participants in sport, and to improve related health outcomes.

For this purpose, sport is defined in broad terms to include unorganized and noncompetitive forms of recreational sport activities.



- (1) Introduction to Sport
- (2) Recreational Sport
- (3) Sport for Development

Groups: All Canadians Women and girls Indigenous Peoples Persons with Disabilities Recent immigrants and new Canadians Socio-economically disadvantaged Canadians Canadians living in rural, remote and isolated regions LGBTQ Canadians Older Canadians				
International and inter-jurisdictional public policy considerations and approaches related to increasing participation	International and inter-jurisdictional programming trends, learnings and best practices for increasing participation	International and inter- jurisdictional public policy considerations and approaches related to increasing participation among underrepresented populations		International and inter- jurisdictional programming trends, learnings and best practices for increasing participation among underrepresented populations
Identify and review academic and gray literature of best approaches and practices to increase sport participation • Success • Barriers	Synthesize findings: • Barriers • Success	Report on results and gaps in the literature	Provide policy and program recommendations for addressing barriers and increasing the participation of Canadians, with a focus on diverse groups in line with Policy areas 1, 2, 5 of the CSP	

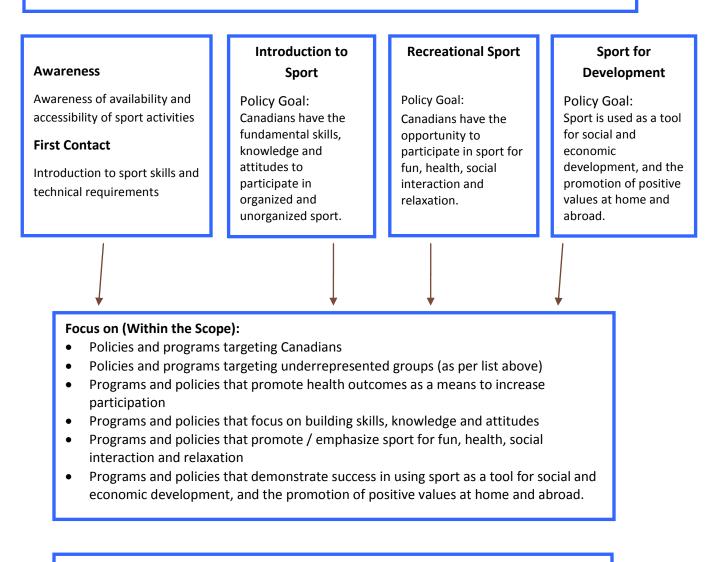
Support for the Canadian Sport Policy http://sirc.ca/csp2012

Canadian Sport Policy

This Policy sets direction for the period 2012-2022 for all governments, institutions and organizations that are committed to realizing the positive impacts of sport on individuals, communities and society.

Vision: A dynamic and innovative culture that promotes and celebrates participation and excellence in sport.

Five broad policy goals: (1) Introduction to Sport; (2) Recreational Sport; (3) Competitive Sport; (4) High performance Sport: (5) Sport for Development



Outside of Scope

- Focus on coaches, officials, parents and other influencers, leadership
- Studies focused on demonstrating that health outcomes as a result of sport participation (that is already well documented)

Appendix B: List of Sources Contacted for Literature Referrals

Many thanks to those researchers and practitioners who considered our request.

Kelly Arbour, University of Toronto Rebekah Bassett, York University Maureen Connolly, Brock University Doug Cripps, University of Regina Diane Culver, University of Ottawa **Guylaine Demers**, Laval University Peter Donnelly, University of Toronto Cari Din, University of Calgary Guy Falkner, University of Toronto Dave Fitzpatrick, University of Manitoba Janice Forsyth, Western University Wendy Frisby, University of British Columbia Carolyn Fusco, University of Toronto Sandra Gibbons, University of Victoria Audrey Giles, University of Ottawa Donna Goodwin, University of Alberta Pat Griffin, University of Mass Joannie Halas, University of Manitoba Bill Harvey, McGill University Louise Humbert, University of Saskatchewan Kathy Jackson, Queens University Ian Janssen, Queens University Gretchen Kerr, University of Toronto Sandra Kirby, University of Waterloo

Amy Latimer Queen's University Nigel Livingstone, University of Victoria Meaghan Lloyd, OUIT Pat Longmuir, CHEO Rene Lyons, Dalhousie University Dru Marshall, University of Victoria Kathleen Martin-Ginis, University of British Columbia Okanagan Heather McRae, University of Manitoba Doug Nichols, University of Victoria Grant O'Sullivan, Victoria University, Australia Vicky Paraschak, University of Windsor Sue Rankin, Penn State Ian Rivers Brunel, University London, UK Clermont Simard, Laval University Kerri Staples, University of Regina John Spence, University of Alberta Caroline Symons, Victoria University, Australia Viviane Temple, University of Victoria Jen Tomasone, Queens University Mark Tremblay, CHEO Joan Wharf-Higgins, University of Victoria Penny Werthner, University of Calgary

ListServs

International Federation of Adaptive Physical Activity, Canadian Disability Participation Project

Ontario Health Promotion E-bulletin

Sport Information Resource Centre