


**LOOK UP**

[www.weatheroffice.gc.ca](http://www.weatheroffice.gc.ca)  
**LOOK OUT**

**Use The 30/30 Rule**

- ◆ Take appropriate shelter when you count 30 seconds or fewer between lightning and thunder.
- ◆ Remain sheltered for 30 minutes after the last thunder.

 Environment Canada / Environnement Canada


**Canada**

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